

July 10th & 11th
MTB Festival



BLACK MOUNTAINS BIKE FEST 2010



RACE INFO

TIMETABLE OF EVENTS

- Festival campsite open from 17:30pm on Friday 9th of July.
- Registration from 18:30pm (clubhouse or camp area—tba) - (second chance registration Sat am & Sun am)
- Welcome & briefing of events after registration is complete.
- Friday pasta party will take place in Gwernyfed Rugby Clubhouse.
- Entertainment in Clubhouse.
- First event to start at 10:00am Saturday 10th morning (Talgarth carpark)
- Saturday evening food at Rugby Clubhouse.
- Entertainment in Clubhouse.
- Second event to start 10:00am Sunday 11th morning (Talgarth carpark)
- Prize ceremony Sunday 11th afternoon/eve.

This schedule may vary—competitors will be well informed prior to and during festival.

EQUIPMENT LIST

- MOUNTAIN BIKE
- MOUNTAIN BIKE HELMET
- GLOVES
- WIND/RAIN PROOF SPARE CLOTHING
- FOOD (SNACKS ENERGY BARS)
- WATER/SPORTS DRINK
- SUN SCREEN
- FIRST AID SUPPLIES
- BICYCLE TOOL KIT
- SPARE TUBE
- PATCH KIT
- MOBILE PHONE
- MONEY FOR PAY PHONE
- OS MAP OF BLACK MOUNTAINS & COMPASS
- SPACE BLANKET

OTHER INFORMATION

A bicycle wash facility will be operating from **Joe's Lodge Bunkhouse** (www.joeslodge.co.uk) on both days (directions will be given on the day). **Dirt & Sky** bicycle shop will be operating a maintenance service and providing a bicycle spares shop on both days.

SAFETY

First aid personnel will be present throughout the festival. Marshals will be situated throughout the event routes, and food/drink stations are present on the mountain (personnel here will have contact with HQ in emergencies). If you find a fellow competitor in danger/injured on the course send help forward and backward to the nearest marshal.

Further information for registration/schedule will be sent in application packs